

By: **Peter Jarvis**
Illustrations: **Peter Jarvis**
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Age Group: **First Grade**

קְרִיאָה

Tips for family reading

This is a special book that delicately addresses coping with a friend's complex physical or emotional state. We recommend that parents read this book before reading it together with their child in order to adjust the reading and discussion to the book's unique content, and the child's unique world.



שִׂיחָה

“And I found a way”

David’s friend immediately notices when David’s behavior changes. You can discuss and share: Have you ever noticed when someone you have been close began to act differently? What did you do? What do you think about what Davd’s friend did?



יְצִירָה

Paper flowers — a kind gesture and a good word

Invite your child to make a colorful floral crown that would bring joy to your family. Suggest that your child cut out paper flowers and decorate them, and then write a kind word about each .family member



מִשְׂחָק

A “just in case” box

What comforts and cheers you up during difficult times? A kind word? A touching book? Perhaps a toy? You can make a box filled with “just in case” ideas: Items that cheer you up, encouraging messages, and kind words.

יְצִירָה

A hug in a letter

Does your child have a friend or family member who is coping with a complex physical or emotional condition? You can suggest that your child write that friend or relative a letter of encouragement. Use supportive words, such as: I'm here for you; you're strong; we're your friends; and we love you. You can add a drawing that will put a smile on their face too.



הַשְׁרָאָה

Pinterest

[Arts & crafts, songs, and other activities can be found on the Sifriyat Pijama Pinterest page.]

