

By: **Matt Carr** Illustrations: **Matt Carr** הוֹצָאָה: כנרת זמורה

Age Group: Preschool (4-6)



#### What makes one a hero?

What makes one a hero? You may want to stop reading when Pat realizes he has no special powers. You could discuss Pat's feelings with your child – what would they have told him right now? What could have comforted him? You may also wish to ask: Is not being a superhero that terrible? What sort of qualities might make one a hero? And who are your heroes?



# **Uniting and distinguishing:**

**Uniting and distinguishing:** Which qualities do members of your family share, and which make each of you special? What distinguishes your family from others? You could discuss this with your child, and ask them to draw two pictures: a family portrait highlighting common traits, and another emphasizing each family member's uniqueness.

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#### Make believe:

Make believe: Many children enjoy playing with superhero action figures, and pretending that they too have special powers. You may want to join in on their game, taking an interest in the superpowers possessed by your child's favorite characters, and letting your imagination run wild. If you also spent time playing superheroes as children, or reading comic books, you could tell your child about your childhood toys, books, and movies, and compare them with today's superheroes.



### Dressing up as superheroes:

**Dressing up as superheroes:** Perhaps you would enjoy choosing or inventing a superhero, and making a costume for your child – from head to toe, or just using a cape. What superpowers does the superhero you chose have? What are their special qualities?



#### Walking in the dark

**Walking in the dark:** Pat can find his way in the dark. Can you? You may want to turn off all the lights, and walk from one room to the other holding hands. Feel your way around, and rely on your knowledge of your surroundings. After several times, you could allow your child to lead you.



## Interesting animals

Interesting animals: You may enjoy reading the fun facts about bats printed on the last

page of the book together. Did your child know bats shared these characteristics? You may want to visit a petting zoo, zoo or pet store, look for information online or at the library, and prepare a similar page about a different animal.

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