

Continue activities following the story – It's Challah Time!



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הוצאה: כתר

Age Group: **TODDLERS**

קריאה

#### Family reading advice

“Just me!” – Toddlers like to feel all grown-up and independent, as if they too are adults. While reading a book together, you can enjoy sharing with your toddler and strengthening their sense of capacity: They can hold the book, point, say words they recognize, and even read the book to you or to one of their toys.



בשול

### **Challa recipe**

The pictures in this book help you see the challah-making process, and understand the various stages. You too can make a dish together and photograph the process of its preparation. That way, you can be reminded of preparing it, look at the pictures together, and take pride in the delicious result.

Challa recipe

Dough:

1kg of flour

▢ a cup of sugar

2 spoons of yeast

2 cups of lukewarm water

▢ a cup of oil

2 eggs (optional, you can also make it without eggs)

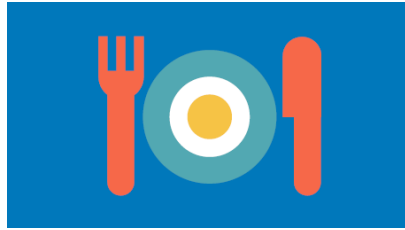
1 spoon of salt

An egg for brushing or some oil

Method:

1. Mix the flour, sugar and yeast in a large bowl.
2. Add the rest of the ingredients and knead well for about 10 minutes until the dough becomes elastic and soft.
3. Cover the bowl with a towel or plastic bag and leave the dough to rise until it has doubled in volume.
4. Use the dough to make challahs. You can make them large or small. You can brush the challahs with egg or oil.

Bake in an oven set to medium heat for half an hour, until the challah turns golden.  
Enjoy!



### Discussion — What is in the picture?

You can look at the pictures together and discuss the details in them. You may want to ask questions such as: Where is the girl? What are the children doing? Where is the broom? Where is the challah? You can return to an image you have already looked at from time to time, and who knows – perhaps you will discover some additional details?



### QR code

Scan the QR code and learn about tips on ways to celebrate holidays and special events together with toddlers.



### **Pinterest**

[More arts & crafts, songs, and activities can be found on Sifriyat Pijama Library's Pinterest page.](#)



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