

Continue activities following the story – A book about A hand

ספריית פיג'מה



By: רינת הופר

Illustrations: רינת הופר

הוצאה: כנרת

Age Group: **Daycare (2-3)**

קריאה

Reading together

While reading, it is useful to include the hands on each page, follow their path and imitating their movements. Parents and toddlers can do this together: “walk” the hand on fingertips, make the hand jump, knock on the door in the picture, and be active readers throughout the entire book.

משחק

Hand Games

It's so much fun to play with hands! Each and every one in turn makes a certain movement, and the rest of the participants imitate it. You can clap your hands, wave hello or goodbye, signal for “quiet” or fly!



יצירה

A Family of Hands

Who has a small hand? Who has a large hand? Each family member is invited to place their hand on a sheet of paper. You, the parent, will draw the contours of the hands, and the toddlers will decorate and paint. The picture of all the hands can be kept as a memento, and you can also repeat the activity year after year and see what has changed.



שִׁמְעָה

Singing Hands

You can sing songs accompanied by hand movements, such as “I have ten fingers” or “My hat has three corners.” It’s a good idea to add hand gestures to your singing, and you can add finger movements to other favorite songs. Have fun!

עשר אצבעות לי יש" מאת רבקה דוידית"

מחרוזת שירי ידיים מאת דתיה בן דור

"איפה האגודל"



השָׁרָה

Pinterest

[Pinterest](#) – Crafts, songs, and activities in the Sifriyat Pijama's Pinterest page.

www.pjisrael.org More activities on the Pajama Library website