

Continue activities following the story – This is How We Plant a Seedling

ספריית פיג'מה

By: **Editing: Neri Aluma**

illustrations: **Illustrated by Adi Elkin, Graphics production: Avner Galili**

הוצאה: ספרית פועלים

Age Group: **TODDLERS**



לצאת החוצה

This is How We Plant a Seedling

You can also plant at home or in the garden: Dig a hole in the ground, place the seedling inside, tighten the soil around it, and water it. Not sure how to plant? Follow the instructions in the book...



השָׂרָה

Movement — How does a seedling grow?

It is a good idea to demonstrate with body movements how a seedling grows: bend low, straighten up slowly, stand on your tiptoes and finally, raise your arms up and sideways.



מְשָׁחָק

Game: Quickly-Slowly

“How do you plant a seedling? Neither fast nor slow.” You can have fun with quickly or slowly: “Now we will walk... quickly. And now... slowly!” “Let’s roll our hands... slowly, and let’s roll our hands... quickly!” What else can you do quickly and slowly?



שִׁמְעָה

Song — “This is how we plant a seedling”

“This is how we plant a seedling” is a song with a melody composed by Mati Caspi. You can sing it together with movements, dance and clapping of hands. Scan the QR code to upload the song and sing together.



Pinterest

[Crafts, songs and activities can be found on Sifriyat Pijama Pinterest "This is How We Plant a Seedling"..](#)

www.pjisrael.org **More activities on the Pajama Library website**