Continue activities following the story – This is How We Plant a Seedling



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Age Group: **Daycare (2-3)**

לְצֵאת הַחוּצָה

This is How We Plant a Seedling
You can also plant at home or in the garden: Dig a hole in the ground, place the seedling inside, tighten the soil around it, and water it. Not sure how to plant? Follow the instructions in the book...

הַשְׁרָאָה

Movement — How does a seedling grow?
It is a good idea to demonstrate with body movements how a seedling grows: bend low, straighten up slowly, stand on your tiptoes and finally, raise your arms up and sideways.

מִשְׂחָק

Game: Quickly-Slowly

“How do you plant a seedling? Neither fast nor slow.” You can have fun with quickly or slowly: “Now we will walk... quickly. And now... slowly!” “Let’s roll our hands... slowly, and let’s roll our hands... quickly!” What else can you do quickly and slowly?

שְׁמַע

Song — “This is how we plant a seedling”

“This is how we plant a seedling” is a song with a melody composed by Mati Caspi. You can sing it together with movements, dance and clapping of hands.
Scan the QR code to upload the song and sing together.

הַשְׁרָאָה

Pinterest

Crafts, songs and activities can be found on Sifriyat Pijama Pinterest “This is How We Plant a Seedling”..

www.pjisrael.org **More activities on the Pajama Library website**